

# Refill by Go-Crypto | Week 8: Celebrate Progress

Educating. Analyzing. Protecting Digital Assets.

Progress doesn't always look big or obvious. This worksheet helps you recognize small wins and reflect on your growth.

## Daily Reflection

Today's Small Wins	
What felt easier than before?	
Something I handled well	
One thing I'm proud of	
A note to myself	

## Weekly Reflection

Biggest progress this week	
Challenges I worked through	
What I learned about myself	
Next week focus	

*Progress is not about perfection. It's about movement—even slow movement counts.*